## Vacation Packing Lists For Teenagers

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Travel Documents		Toiletries & Health	
Travel tickets		Shampoo, conditioner, soap and washcloth	
Passport and visa		Hair dryer and hair styling products	_
Medical card		Toothbrush, toothpaste, dental floss, mouthwash	
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Travel insurance policy		Deodorant, perfume	-
International vaccination card		Moisturizer, lip balm	-
Photocopy of all travel documents		Make-up and remover	<u> </u>
International student card		Comb or brush	<u> </u>
Copy of doctor's prescriptions		Small mirror	<u> </u>
List of all medicines your teenager is taking		Shaving equipments	
Your doctors (at home) phone number		Nail file, clippers, tweezers	
Emergency contact information  Clothes & Accessories		Cotton swabs	
		Toilet paper	
		Feminine hygiene products	
		Antibacterial hand wipes	
		Sunscreen lotion	
	—	First aid kit	
		Insect repellent	$\vdash$
		Malaria tablets	$\vdash$
Clothes & Accessories			-
Convol day wear		Prescription & OTC medicines	$\vdash$
Casual day wear	$\vdash$	Contraceptives	$\vdash$
Leisure wear / sports wear / swimwear	$\vdash$	Glasses / contact lenses	-
Smart casual evening wear		Other toiletries	<u> </u>
Outerwear			_  _
Sleepwear			_  _
Underwear and socks / tights			
Shoes for all occasion			
Hats or caps			
Gloves or mittens			_
Sunglasses			-  -
Quick dry towel / beach towel			
Raincoat or poncho		Other Necessities	
Umbrella		<u> </u>	
Belt		Cuidabaaka mana phrasabaaka	
	<del></del>	Guidebooks, maps, phrasebooks	-
Watch		Books / magazines	⊢
Jewelry	<u> </u>	Notebook and pen	⊢
Other accessories		Chewing gum or mint (if flying)	<u> </u>
		Snack	<u> </u>
		Water bottle to refill	<u> </u>
		Small flashlight and / or night light	
		Beach toys / gadgets	L
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Electronics & Gadgets			-  -
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Mobile phone and charger	$\vdash$		- ⊢
Digital camera and charger			- ⊢
Plug adaptor and converter			_
iPod or CD player with headphones			_ [
Laptop or iPad, and charger			
Bluetooth mini speaker			-
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